

## Fitting Guide



- Remove the elbow from the mask by pressing the side buttons and pulling the elbow away.
- Pull headgear over your head with both lower headgear straps released.



- Adjust both the straps of the upper headgear evenly until the mask is stable.



- Bring the lower straps below your ears and loop the headgear into the lower hooks on the frame.



- Adjust the lower headgear straps evenly until the mask is stable.
- The fitting should be firm but not uncomfortable.
- Do not over-tighten.



- Connect the air tubing from your device to the elbow.
- Attach the elbow to the mask by pressing the side buttons and pushing the elbow into the mask.
- Turn on your device so it blows air.



- Undo the fastening tabs on the upper headgear straps.
- Reposition both of the straps evenly, only enough until a seal is achieved, then reattach the fastening tabs.
- Your mask is now ready to use.



Quattro Air for Her is designed to accommodate your hairstyle above or underneath the headgear.

Note: For additional information, refer to the Quattro Air for Her Full Face Mask User Guide.

**Quattro™ Air for Her**  
FULL FACE MASK